

AMERICAN NURSE

June 2024 • Volume 19 • Number 6
MyAmericanNurse.com

OFFICIAL JOURNAL
ANA
AMERICAN NURSES ASSOCIATION

EDITORIAL

4 Editorial

By Lillie Gelinas, Editor-in-Chief
Customize care to prevent falls.

FEATURES



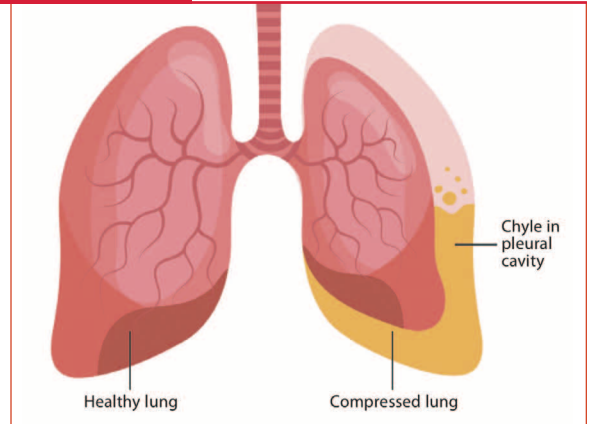
6 **CNE** Known fallers

By Patricia Quigley
When we put the focus on prevention we help ensure patient safety.

14 FAQs: AI and prompt engineering

By Jennifer Shepherd and Donald Griesheimer
With the right approach, nurses can use AI to benefit the profession and patient care.

STRICTLY CLINICAL



20 Chylothorax: A stepwise approach to care

By Ninotchka Brydges and Riza V. Mauricio
Learn about the condition's etiology, diagnostic tests, and treatment options.

RAPID RESPONSE

55 Aortic dissection

By Bernadette Sosnowski-Funk
Your knowledge and fast action lead to a good outcome.

LEADING THE WAY

FROM YOUR ANA PRESIDENT

13 A diversified profession

By Jennifer Mensik Kennedy
Encouraging men to become nurses supports efforts aimed at increasing diversification, addressing the workforce shortage, and ensuring good patient experiences.



American Nurse Journal (ISSN 2689-9272 [print], ISSN 2769-7584 [online]) is published monthly by HealthCom Media, Lantern Hill Business Park, 259 Veterans Lane, Suite 201, Doylestown, PA 18901. Printed in the U.S.A. Copyright © 2024 by HealthCom Media. All rights reserved. No part of this publication may be reproduced, stored, or transmitted in any form or by any means, electronic or mechanical, including photocopy, recording, or any information storage and retrieval system, with-

out permission in writing from the copyright holder. Periodicals Postage paid at Doylestown, PA and additional offices.

Postmaster: Send address changes to *American Nurse Journal*, Lantern Hill Business Park, 259 Veterans Lane, Suite 201, Doylestown, PA 18901.



Subscription information: Annual subscriptions: \$49.00 U.S.; \$59.00 Canada; \$71.00 outside U.S./Canada. Single copies: \$7 U.S.; \$15 outside U.S. Institutional subscriptions available by request. Digital-only subscription: \$14.97.

Reprints and back issues: Contact Chris Evans Gartley (Production Director) at 215-489-7000 or production@healthcommedia.com. Availability may be limited.

PRACTICE MATTERS



40 Caring for adults with autism spectrum disorder
By Shannon Mersinger, Jennifer I. Bonamer, Chris Donnelly, David Stone, and Corinne Brown
Implement these evidence-based strategies to improve patient and family experiences during hospitalization.

44 Taking on health disparities
Learn about the 2024 ANA Innovation Award winners.



ETHICS INBOX

45 When laws and nursing ethics collide
By ANA Ethics and Human Rights Advisory Board
How should nurses respond when laws interfere with their duty to patients?



VIEWPOINT

60 The power of language
By Marla Weston
Why do we use language that diminishes our professionalism?

WEB EXCLUSIVE!

News & Notes

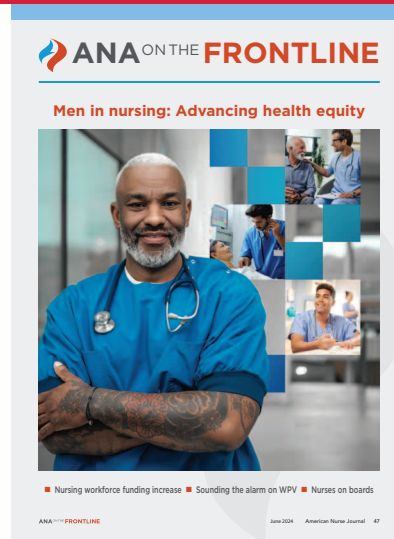
Access a round-up of clinical and practice news and alerts at myamericannurse.com/category/news

HEALTHY NURSE



57 Making peace with imperfection
By Nina Solis
A working nurse describes her experience with obsessive compulsive disorder.

ANA ON THE FRONTLINE



47 Learn about the top issues facing ANA member nurses, how ANA is working for you, and what ANA is doing to advance nursing.
FEATURE ARTICLE: Men in nursing

SPECIAL SECTION: NURSING EXCELLENCE



26 Confidence is in
By Peter Stoffan
Strike the right balance to find leadership success.

31 Medication safety and pediatric health
By Melissa Ruffini and Christina Sanchez
Collaboration ensures successful implementation of a five-character override.

35 Oncology nursing: Clinical assistant onboarding
By Wendella Rose-Facey and Janice Reid
Learn about this hospital's successful education and recruitment program.

Subscription Questions?

Christian Evans Gartley, Production Director
215.489.7004
cevangartley@healthcommedia.com

Change in Mailing Information?

To change your subscription information online, send request to Christian Evans Gartley, Production Director, at cevangartley@healthcommedia.com

Indexing

American Nurse Journal is indexed in the Cumulative Index to Nursing and Allied Health Literature.

Submit an Article

Please email Cheryl Mee, MSN, MBA, RN, FAAN, at cmee@healthcommedia.com. In the email, describe the topic of your proposed article and why it would be of interest to the readers of *American Nurse Journal*; include your name, credentials, employer, and phone number. We'll let you know if we're inter-

ested in the article you've proposed and can advise you on how to focus it. For more information, please refer to the Author Guidelines ([MyAmericanNurse.com/author-guidelines](https://myamericannurse.com/author-guidelines)).

Send a Letter to the Editor

Your input is vital in ensuring that *American Nurse Journal* is a valuable resource to your practice. You can email a Letter to the Editor at [MyAmericanNurse.com/send-letter-editor](https://myamericannurse.com/send-letter-editor).